**DOWN SYNDROME HEALTH CARE GUIDELINES**  
(Based on 1999 Down Syndrome Health Care Guidelines)*

**Neonatal (Birth-1 Month)**

< Review parental concerns. Chromosomal karyotype; genetic counseling, if necessary.

< If vomiting or absence of stools, check for gastrointestinal tract blockage (duodenal web or atresia or Hirschsprung disease).

< Evaluation by a pediatric cardiologist including echocardiogram. Subacute bacterial endocarditis prophylaxis –(SBE), in susceptible children with cardiac disease.

< Exam for plethora, thrombocytopenia.

< Review feeding history to ensure adequate caloric intake.

< Thyroid function test - check on results of state-mandated screening at birth.

< Auditory brainstem response (ABR) or otoacoustic emission (OAE) test to assess congenital sensorineural hearing (at birth or 3 months).

< Pediatric ophthalmological evaluation (by 6 months) for screening purposes.

< Discuss value of Early Intervention (infant stimulation) and refer for enrollment in local program.

< Referral to local Down syndrome parent group or family support and resources, as indicated. Referral to NDSS.

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*HEALTH CARE GUIDELINES FOR INDIVIDUALS WITH DOWN SYNDROME: 1999 REVISION (Down Syndrome Preventive Medical Check List) is published in *Down Syndrome Quarterly* (Volume 4, Number 3, September, 1999, pp. 1-16) and is reprinted, duplicated, and/or transmitted with permission of the Editor. Information concerning publication policy or subscriptions may be obtained by contacting Dr. Samuel J. Thios, Editor, Denison University, Granville, OH 43023 (email: thios@denison.edu).*